



# Aphasia

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## What is Aphasia?

- Aphasia is sometimes called 'dysphasia'
- Aphasia is a language difficulty
- Aphasia does not affect intelligence

## If you have Aphasia, you may have trouble with

- Talking
- Understanding
- Reading
- Writing
- Using numbers

## What causes Aphasia?

- Stroke or brain injury can cause aphasia

## A Speech Pathologist can help you to

- Communicate in new ways
- Communicate better with friends and family

## Will my Aphasia get better?

- Some people with aphasia improve very quickly



- Some people with aphasia improve more slowly
- People with aphasia can keep improving for years
- There are no medications or treatments that cure aphasia

## Tips for you

- Communicating can be very frustrating – give yourself time
- Staying in touch with friends and family can help
- Meeting other people with aphasia can help

## Tips for your communication partner

- Communicating is still very important for people with aphasia
- Talk clearly, using a normal tone of voice
- Give the person time to talk. Wait and listen
- Family and friends need ongoing support and friendship too

## Useful websites

- The Australia Aphasia Association  
[www.aphasia.org.au](http://www.aphasia.org.au) or phone: 1800 274 274
- Better conversation with aphasia  
[www.ucl.ac.uk/betterconversations/aphasia](http://www.ucl.ac.uk/betterconversations/aphasia)

**Talk to your Speech Pathologist for more information.**

**Your Speech Pathologist is:** \_\_\_\_\_